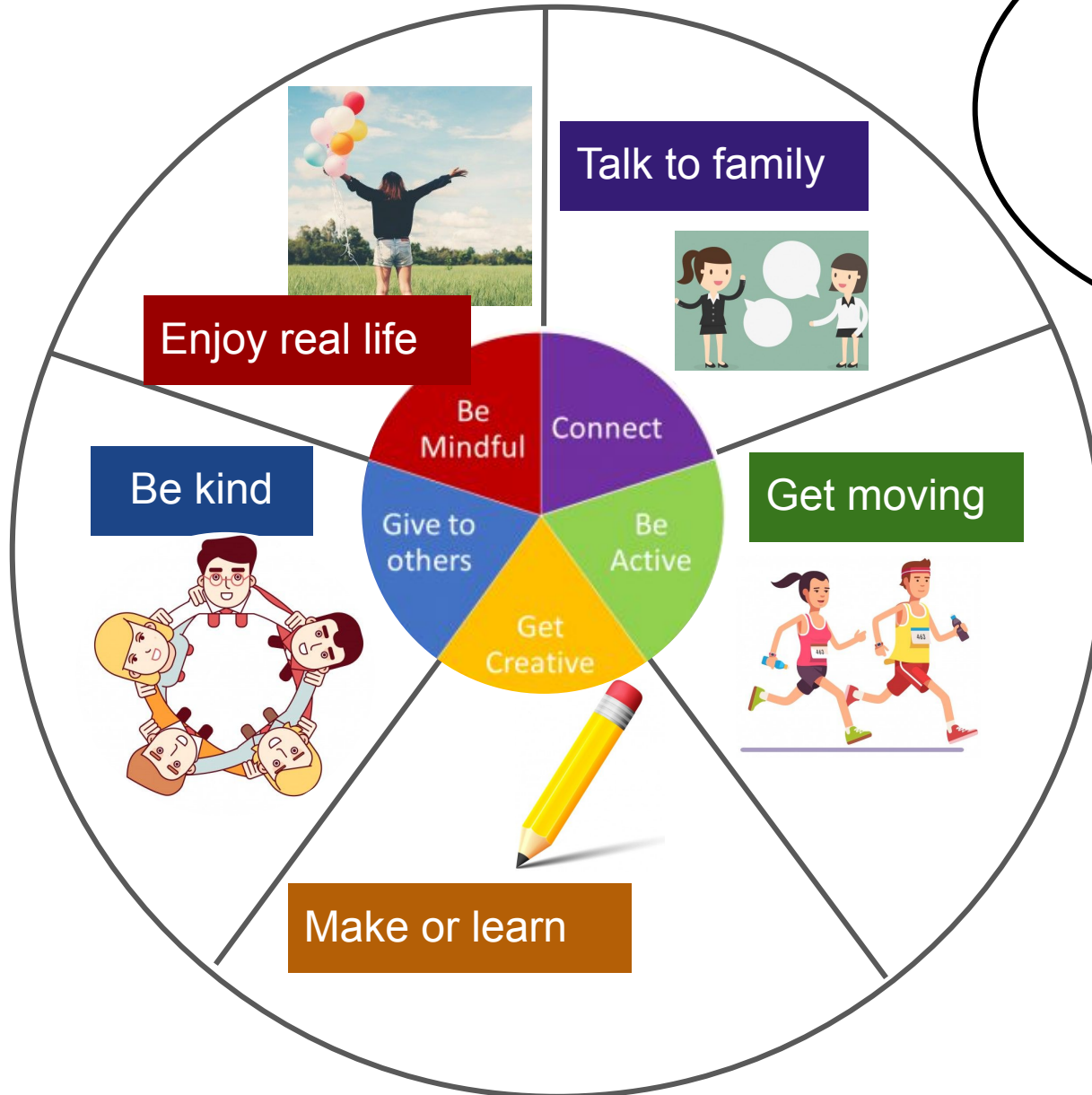
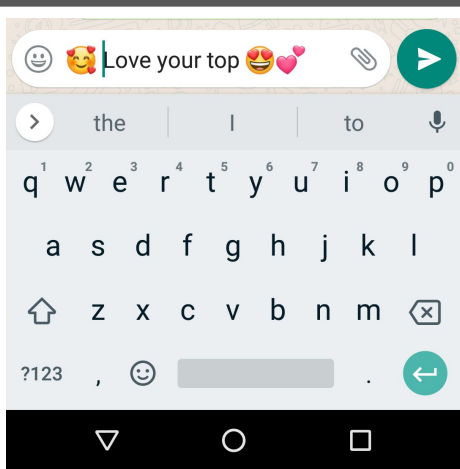


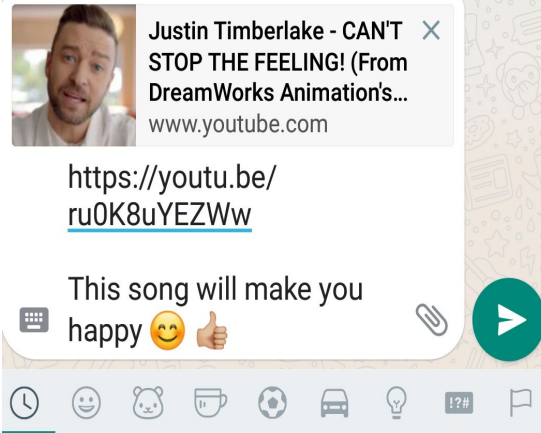
Activity: Digital 5-a-Day

- Match the pictures to the categories





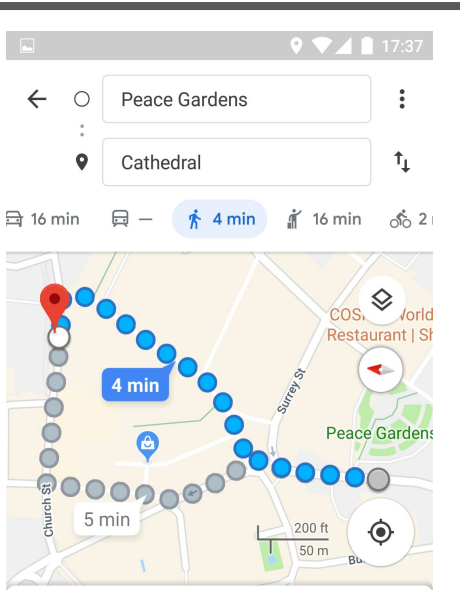
Write nice message



Send a happy song



Share a family photo



4 min (0.2 mi)

Plan a run



Draw a picture



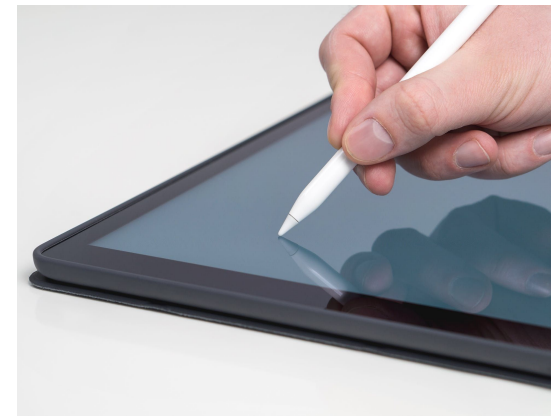
Flick through Instagram



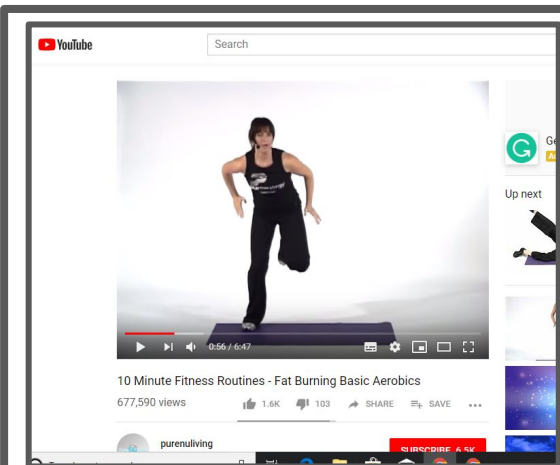
Video call your family



Play a game



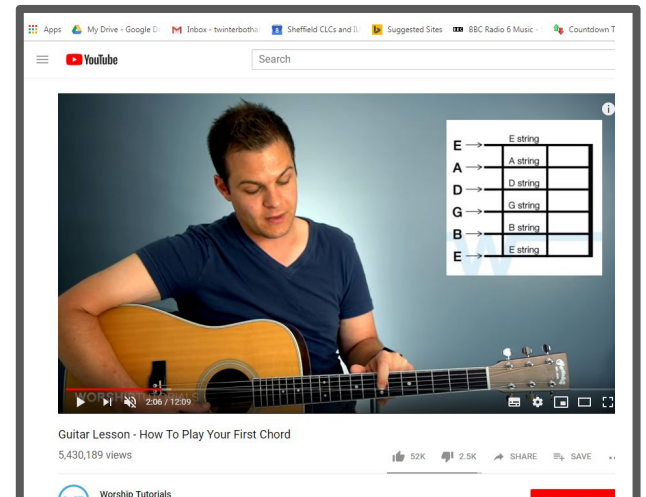
Draw on an iPad



Copy a dance video



Play outside



Learn guitar