




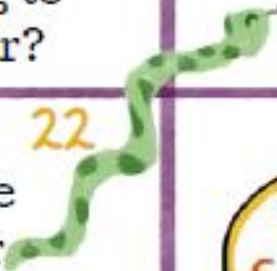



<p>36</p> <p>Say your favorite affirmation or quote.</p>	<p>37</p> <p>What is something you can't wait to try?</p>	<p>38</p> <p>What is something you feel proud about?</p>	<p>39</p> <p>Name your biggest strength.</p>	<p>40</p> <p><b>FINISH</b></p> 
<p>35</p> <p>Tell someone what you like about them.</p>	<p>34</p> <p>What do you enjoy learning about?</p> 	<p>33</p> <p><b>CHOOSE</b> to have a <b>GREAT</b> <b>DAY</b></p>	<p>32</p> <p>What's the coolest thing you've ever seen?</p>	<p>31</p> <p>Do 5 squats.</p> 
<p>26</p> 	<p>27</p> <p>What do you like about yourself?</p>	<p>28</p> <p>Stretch or do a yoga pose.</p> 	<p>29</p> <p>What's your favorite thing to wear?</p>	<p>30</p> <p>What's your favorite food?</p> 
<p>25</p> <p>Sing and dance to your favorite song.</p>	<p>24</p> <p>Give someone a high five!</p>	<p>23</p> <p>Who did you help recently?</p>	<p>22</p> <p>Make your silliest face.</p>	<p>21</p> 

<p>16</p> <p>Which sound makes you laugh?</p>	<p>17</p> <p><i>you</i> -ARE- UNSTOPPABLE</p>	<p>18</p> <p>Give yourself a big hug for 20 seconds.</p>	<p>19</p> <p>Say something kind to yourself.</p>	<p>20</p> <p>YOU ARE KIND</p>
<p>15</p> <p>YOU ARE LOVED</p>	<p>14</p> <p>What are you grateful for?</p>	<p>13</p> <p>Take 3 deep breaths.</p>	<p>12</p> <p>CHALLENGES make you STRONGER</p>	<p>11</p> <p>What would you like to get better at?</p>
<p>6</p> <p>Tell a joke.</p>	<p>7</p> <p>Hop on one leg for 30 seconds.</p>	<p>8</p> <p>When do you feel the happiest?</p>	<p>9</p> <p>Who do you admire?</p>	<p>10</p> <p>What place do you want to visit?</p>
<p>5</p> <p>What made you laugh today?</p>	<p>4</p> <p>What did you learn today?</p>	<p>3</p> <p>What's your favorite part of the day?</p>	<p>2</p> <p>START</p>	<p>1</p> <p>←</p>

