

# WACKY RACES!

How to play?

- Mark out a start and finish line using an object to mark these points.
- Think of different ways you could move from the start to finish.
- Can you move on your hands and feet?  
Can you move backwards?
- What is the quickest way of moving?  
What is the slowest way of moving?
- Can you race against someone else using the different ways of moving?

Can you challenge yourself to always try your hardest?

## TOP TIP!

### *Crawling*

Make sure your hands and feet are touching the floor, spread your fingers wide, keep your head and bottom

## REFLECTION

*Which way of moving was easiest and which was the hardest? Why?*

*How did you feel if you did not win a race?*