

WALT: understand the importance of keeping clean

Success Criteria:

- I can name things I need to do to keep myself clean
- I understand the importance of keeping clean
- I understand the correct sequence of how to wash my hands
- I can create a song to wash my hands too

Star
Words

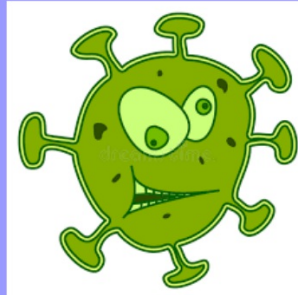
germs

hygiene

clean

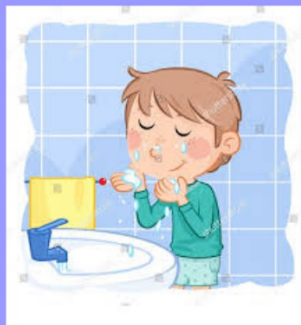
Germs are everywhere! They are inside and outside of our bodies and everything we touch.

Most of these germs are harmless, but some can make us poorly. Because of this it is very important that we keep ourselves clean!



What things can we do to make sure we are keeping clean?

Have a bath or shower...



Wash our face...

To stay clean we must change out of dirty clothes into clean ones.



Wash our hair...

It is important to wash ourselves to stop us looking and smelling dirty and to make sure we are staying clean.



Wearing clean clothes...



Cutting our nails...

If we do not cut our nails, dirt and germs collect underneath them. If these germs get into our mouth, they can make us ill.

If we do not clean our teeth, germs in our mouth can cause cavities. Cavities are holes in our teeth, that can be very painful. Brushing our teeth also makes our mouths clean and smell fresh.



Brushing our teeth...



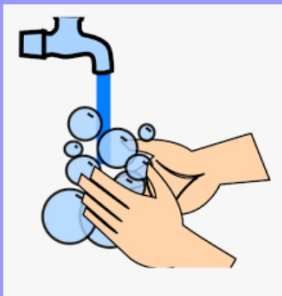
How many times a day should we brush our teeth?



*What's another way we can keep clean?
(we have been doing it a lot lately)*

Washing your hands is very important at the moment! Because we use our hands for touching, they pick up lots of germs. If we don't wash our hands, then we spread these germs around.

The germs from our hands can end up inside our bodies and make us ill.

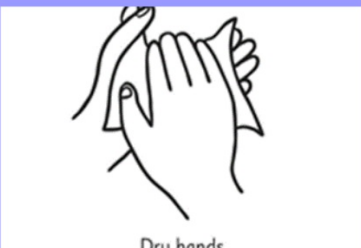


When do we need to wash our hands?



How long should we be washing our hands for?

Order these pictures in the correct order to show how to wash your hands properly.



Watch these hand washing songs!



<https://www.youtube.com/watch?v=S9VjeIWLnEg>



<https://www.youtube.com/watch?v=9QeRrJdJ6nI>



What do you like about these songs?



What do you dislike about these songs?



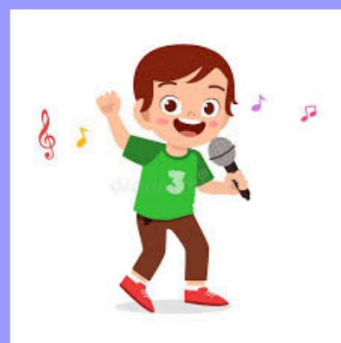
What could you do better?

*You are going to popstars! I want you
to create your own hand washing
song!*

*Remember your song
has to be 20 seconds
long (this is how long
you should wash your
hands for)!*

*You might want to
include the actions
you have to do to
wash your hands
properly.*

*You may want to
change the lyrics of a
song you already know!*



Let's share our songs!



