

Engage



What does this word mean?

Why are we learning about metacognition?

How will it help us with our learning and learning new skills?



*Metacognition is understanding how we learn, or 'thinking about thinking'*

Introduce



**RED**



**YELLOW**



**GREEN**



**BLUE**

*I know a little but  
need some help*

*I can coach*

*I am confident*

*I don't know anything  
about it (yet)*

Why are we using these colours to track how we feel about different activities?



Match the colours to their metacognition meaning.

Let's  
Recap

Today we are going to be continuing learning our new skill of using British Sign Language.

What resource did we use last time we tried to learn our name?  
picture card



Who can describe how they felt performing to the class?



Was it easier or trickier than you first thought it would be?



Watch the clip.

Practise  
and  
consider

Today we will be watching a video on how to say "Hello my name is.....  
What is your name?"

Now let's watch the video and try to sign along with our own name!



Practise  
and  
consider



How is watching the video different to using the picture cards?



Which do you find helps you the most?



What is good about having a video to watch?



How are you feeling when trying to do it with the video?

Independent  
Task



**Your turn**

Now sign the conversation to your partner!

"Hello my name is..... What is your name?"

Let's discuss how we felt this time and create a metacognition word bank.

|                                                                                                                                               |                                                                                                                                                |                                                                                                                           |                                                                                                                         |
|-----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|
|  <p><b>RED</b><br/>I don't know anything about it (yet)</p> |  <p><b>YELLOW</b><br/>I know a little but need some help</p> |  <p><b>GREEN</b><br/>I am confident</p> |  <p><b>BLUE</b><br/>I can coach</p> |
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Reflection



Are we feeling positive or negative?



Have your feeling changed from when we first started learning British Sign Language?



Is it okay to feel negatively about something? How can we overcome this?







