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| **Year 1 RHE Knowledge Organiser****Spring 2****Theme: Feelings** |
| **Key Knowledge** | **Key Vocabulary** |
| **By the end of this unit pupils will…** Be able to name a range of different emotions including angry, excited, scared, happy, nervous and calm. They will also be able to say what makes them feel this way.They will begin to understand that big emotions come from their down stairs brain and say what calming down tricks they can use to return to their upstairs brain. How Are You Feeling Feelings Poster 8 Kids blue image 1  |

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| **Angry** | Being very cross. |
| **Excited** | Feeling very happy and enthusiastic |
| **Scared** | Feeling frightened |
| **Happy** | Feeling good  |
| **Nervous** | Feeling worried and being afraid of what might happen |
| **Calm** | Feeling peaceful and quiet  |

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| **Local Links / Exciting Books/Associated Trips** |
| C:\Users\supply\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\E16AE530.tmpThe Colour Monster By Anna LenusStart to recognise different emotions thatYou can see around you.Practise using calming down tricks at home. |
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