

CLUB INFORMATION

RuggerEds /Multi Sports Club

RuggerEds/Multi-Sports Club will be an exciting experience for every child! We will be exploring all manner of alternative sports including rugby, dodgeball, handball and volleyball to name a few. Throughout we will be discovering and developing the key components of multifunctional fitness, from speed and agility to balance and coordination in a safe, fun and challenging environment. We aim to develop every child into becoming better people and better players through our core values of Good Manners, Respect, Teamwork and Fair Play by a team of qualified and experienced coaches.

Please can children wear Rugby/football kits or short and t.shirt. A warm top as children will be outside if weather is fine.

French

Le Club Francais is a national organisation specialising in language courses for young children. The emphasis is on fun learning with plenty of songs and games to stimulate the children's interest at a particularly receptive stage of their development. They are taught by a fluent and native French speaker and our aim is to give the children a love of language learning.

Cooking Club and Kids Art Academy

Hannah's art club and cooking club is all about the children having fun whilst they develop their artistic/cooking skills.

All art materials and cooking ingredients are supplied.

Please see the attached information sheet.

Computer Xplorers

Computer Xplorers Sheffield South deliver fun-filled computing enrichment activities through our highly interactive and inspiring technology sessions. We have access to an exciting range of software and peripherals to bring computers, coding and technology to life for children of all ages. Our computing classes are always engaging, educational and lots of fun – perfect for the child who is 'mad about computers' or for the child who just wants to try something new. This also adds a fantastic boost to their all-important STEM (Science, Technology, Engineering and Maths) skills.

Way Yoga Club

Have a '**Calmer, Kinder, Cooler**' Autumn term with new Yoga club leader Rachel from Way Yoga bringing fresh fun-filled and definitely chilled sessions aimed at boosting confidence, self-regulation, creative physical expression and kindness.

Please can children bring leggings/ joggers and a t shirt for yoga to change in to.

Fablab Science

The club is run by scientists and researchers making science fun and children will be participating in different science experiments.

FabLab is designed to get children excited about science, technology, engineering, art, maths & making (STEM). Each FabLab session children will take part in an experiment, a challenge or will make something amazing to take home! Our activities include chemistry, robotics, rocket science, electronics, K'NEX and Lego.

Please note that the products your child brings home should be kept away from under 3s.

Fit Kids Forest Skills

Our Forest Skills clubs allow children to be in nature and the outdoors, to re-connect with each other and improve their own physical and mental health through fun activities. Benefits of forest skills sessions are:

- Builds confidence and independence
- Builds empathy for others and nature
- Provides physical fitness and resilience through outdoor games and forest skills – woodwork, building and lighting a fire, cooking on a fire, tree climbing, foraging, sensory walks, mini beast hunts, nature craft, scavenger hunts to name a few!
- A multitude of health and wellbeing benefits
- Team building
- Exposure to manageable risk
- Develops better sleep and mood

Children will have a biscuit at the start of the session then a cooked snack on fire/ hot choc and another biscuit later into the session.

The children are collected from a set meeting point in school and taken to the Forest school area on the school grounds for their session. At the end of the session, children are to be collected from the steps of the Forest school area, next to the slide.

Please ensure your child is suitably dressed for being outdoors for all sessions as there are brambles, nettles, ticks, fire, etc! : long sleeved top, leggings/ joggers/trousers, a waterproof coat, waterproof trousers (or all in one), wellies/ outdoor boots/ old trainers, extra layers (hat/gloves in winter, sun cream/hat in summer).