

# Let's Learn About Autism

For 4-7-year-olds



Autism  
Education  
Trust



Autistic  
Young  
Experts



National  
Autistic  
Society

Join us to share knowledge and  
acceptance at Autism Acceptance  
Week 2023!



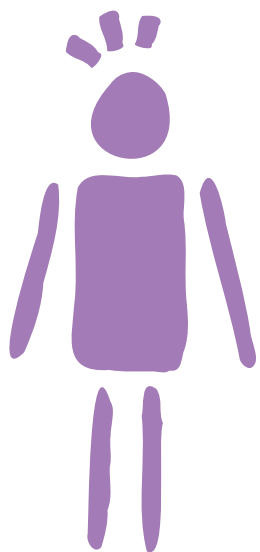
Autism  
Education  
Trust

Section 1

# We are all different



# People are all different



# Brains are all different




## Introducing Pablo

[Watch this video](#) of Pablo talking to his friends about how they see the world:






## About Pablo

 Pablo is autistic.  
He sees the world  
in a different way.





## About Pablo

 You can't see if  
someone is autistic.  
It is an invisible  
condition.





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Section 1

## About Pablo

Autism means that  
someone's brain  
works a little  
differently.





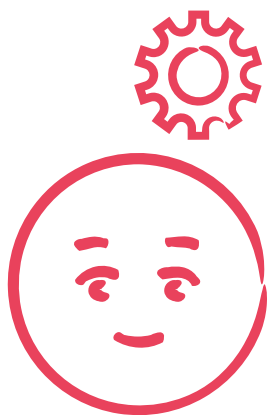


## About Pablo

Just like the characters in Pablo, each autistic person is different. Autistic people have different strengths and need help with different things.



## Autism – The Differences



### Differences in communication and behaviour

Some autistic  
people find using  
words difficult.



### Differences in thinking and understanding

Some autistic people  
get upset by changes  
to their daily routine.



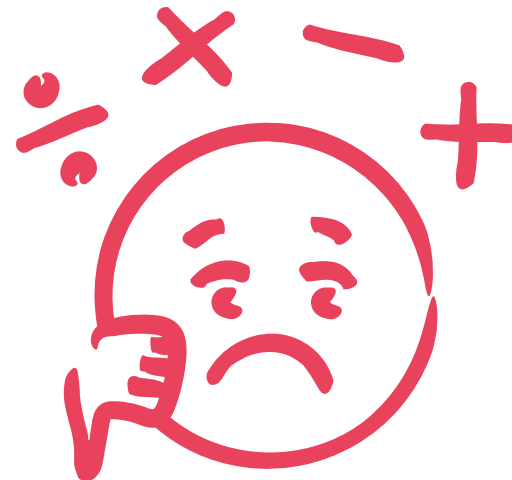
### Differences in senses

Some autistic people  
get overwhelmed by  
loud noises, strong  
smells or bright lights.



## What differences are there?

I really enjoy Maths but Miss Smith doesn't.





## What differences are there?

Miss Smith is really good at drawing.  
I find drawing hard.



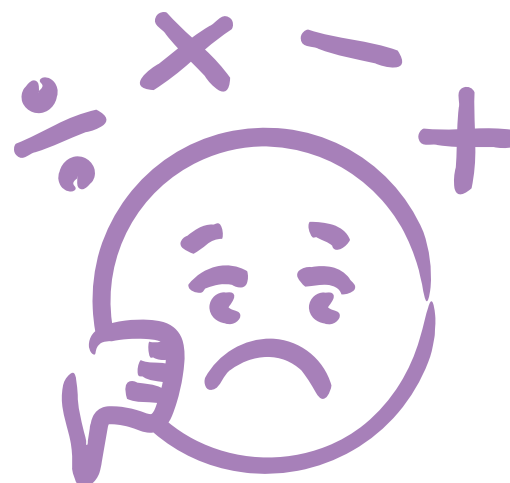
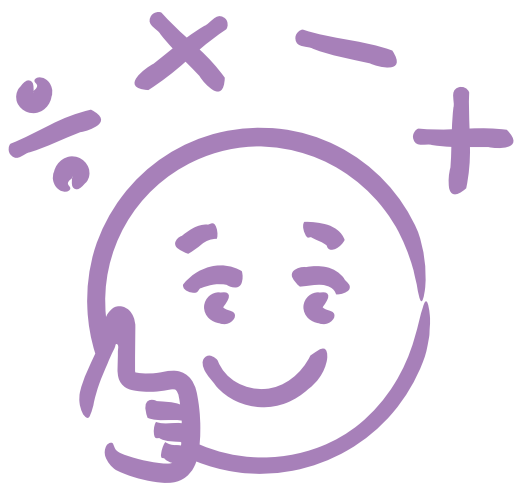
## What differences are there?

I really like listening to pop music.  
Mr Jones likes jazz music.



## Thinking about our differences

Some people really enjoy Maths. Some people don't.



## Thinking about our differences

Some people are really good at drawing.  
Other people find drawing hard.





## Thinking about our differences

Some people really like listening to pop music.  
Other people like jazz music.







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## Section 1

# Thinking about our differences

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What makes you happy?  
What do you do when you're happy?



## Thinking about our differences

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What makes you sad or worried?  
What do you do when you're sad or worried?





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## Section 1

# Thinking about our differences

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What is the thing you are best at?





## Making friends at school

We know that difference is great, but sometimes it can be hard when you think differently.





## Making friends at school

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You might worry about making friends.





## Making friends at school

It can be hard if you don't like the same things as other people.



## Making friends at school

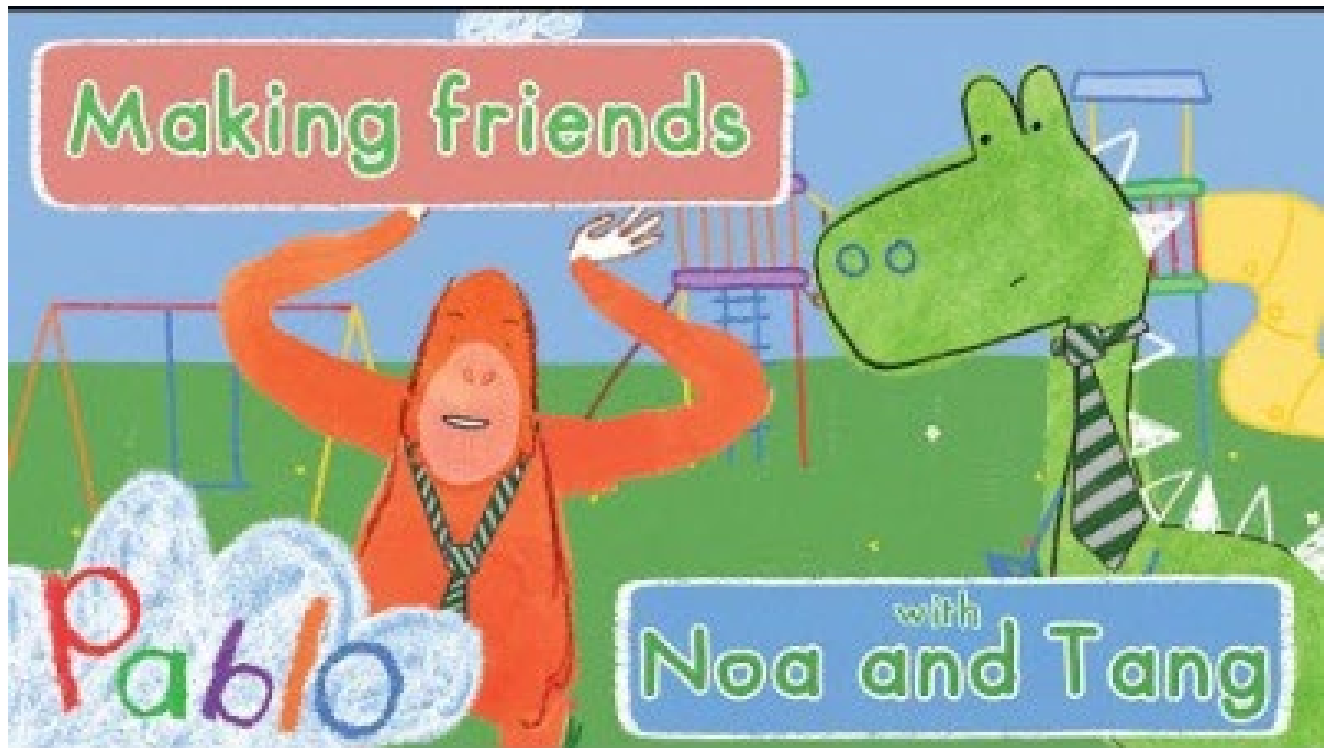
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You might feel like no-one wants to play with you.



## Pablo and his friends

Watch this video of Pablo talking about his friends about how they see the world:







## How can we be better classmates?

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How can we be kind to each other?



## How can we be better classmates?

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How can we support each other?





## How can we be better classmates?

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How can we support our autistic classmates?



## Learning Scenarios

### Scenario 1

A boy at school hardly talks and doesn't make eye contact. He stays on his own during playtime. He has tried to join in games before but his classmates laughed.



**How could you help?**



## Learning Scenarios

### Scenario 2

A young girl doesn't like eating in the lunch hall. She often gets very upset during lunch due to the noise levels and smells of food.



**How could you help?**



## Learning Scenarios

### Scenario 3

A child finds it difficult to sit and concentrate on the whiteboard in class. He starts to make noises and cover his ears with his hands.



**How could you help?**

## Learning Scenarios

### Scenario 4

During circle time, a child never joins in when it is their time to speak or get involved. They are frightened to say anything which makes them stay quiet.



**How could you help?**



For autism training, information and resources,  
visit: [www.autismeducationtrust.org.uk](http://www.autismeducationtrust.org.uk)



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