

Year 2 PE Knowledge Organiser

Autumn 1

Areas of learning: Gymnastics and Mini First Aiders

Gymnastics - Key Knowledge

By the end of this unit pupils will acquire and develop the following skills...

- Children will create and perform short sequences of movement.
- Rolling; teddy bear rolls
- Travelling (moving) and linking actions in different ways; stepping in a sideways direction, leaps – cat, scissor, stag
- Jumping; jumping 2 feet to 1 foot, 1 foot to 2 feet using shapes of straight, star and tuck. They will also develop jumping for height and distance.
- Stretching and balancing individually; standing and small body parts including arabesque and stork and perform balances on apparatus and with a partner.
- Children will move around using different pathways; straight, zig-zag and curved.

Key Vocabulary



Mini First Aiders

As part of supporting our children to develop their awareness of keeping their bodies safe and healthy the year 2s will have a half term of mini first aid teaching provided by an outside agency.

